



Natural Organic Skin Care



Six Easy Steps to Beautiful Radiant Skin

Six Easy Steps to Basic Skin Care

- 1) **Cleanse the Skin:** Cleansing your skin properly 2 times a day can reduce unwanted bacteria, fungus, candidia, and other unwanted pathogens. Using our uniquely designed organic facial washes with organic herbal extracts can do just that. Use daily and follow up with an exfoliant and or mask (only 2-3 times a week), toner and moisturizer. Remove make-up before bed.
- 2) **Exfoliate:** Our useful exfoliant scrubs and cleansers help rejuvenate skin by gently exfoliating dead skin cells using natural fruits and vegetable enzymes, seeds, jojoba esters, and more. Use 2-3 times a week and follow up with a mask, toner and moisturizer.
- 3) **Mask:** Our innovative mask therapy is designed for numerous skin types and conditions such as Acne. Our masks are made with certified organic herbs, natural facial clays, pure essential oils, and certified organic Co2 extracts. Masks are unique because they draw out impurities deep within the epidermis. Masks also shrink large pores and refine the skin as well as the pigmentation. I personally enjoy mask at night, applied with a fanning brush with two cucumbers on my eyes. Masks should be used 2-3 times a week. Cleanse and Exfoliate before using a mask for best results.
- 4) **Tone:** Toners are wonderful tools to stop unwanted pathogens and close large pores. It's even useful for acne and troubled skin. Our toners are unique because each are made with organic herbal extracts pertaining to your skin tone and skin condition without alcohol. Use daily and follow up with moisturizer . Remove make-up before bed.
- 5) **Moisturize:** This is the key element in stopping unwanted wrinkles, fine lines, crows feet, laugh lines, and more. It's powerful antioxidant blended formula is used for cell rejuvenation, stop free radical formation, moisturize the skin, feed vital nutrient, antioxidants, vitamins and minerals, and more to your skin. It's very important that the base cream does not contain parabens, propylene glycol, mineral oil, fragrances, or other petro-chemicals. We intend to feed the skin NOT harm it with chemicals that make a barrier for the skin, not allowing vital nutrients to absorb. Quality companies offer great skin care combination, but many have preservatives and chemicals. Make sure to READ the LABEL! Use daily and follow up with Eye Serum or Eye Cream daily.
- 6) **Serum and Hydration around the Eyes and Mouth:** The skin around the eyes shows early lines in the same way as the neck. Crow's feet, bags under the eyes, and dark circles can be very irritating. Remember the skin around the eye is fragile and harm can be done if you are heavy-handed.

Moisten the skin around and under the eyes. Then pat a few drops of one of our "Eye Serums" onto the skin, using the middle finger of your right hand (left, if your left handed). This is the weakest finger and so it exerts the least pressure. Keep patting gently to help the oil be absorbed. Leave for 20 minutes and then very gently blot off the surplus oil. Avoid allowing the oil to get into the eye. For best results use daily at night.

Don't forget to check out our "**Complexion Chart**" to see what products are suitable for your skin type.



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Web: www.taylormadeorganics.com
phone: 1.540.810.3936